

Jesus: "table for 26 please"

Waiter: "but there are 13 of you"

J: "yes but we're all going to sit on the same side"



COFFEE IN HAND, SUPPLIES AT THE READY, ALICE SETTLES IN, WAITING FOR THE FIRST TELEMARKETER TO CALL.



The Maroochydore Herald



Uniting in Christ
acting with love
living with hope
witnessing in faith
working for justice

Pentecost 23
5th – 12th November

*We seek to be a prayerful and listening church
Please note the location of the Hearing Loop in the church*

Leadership Team

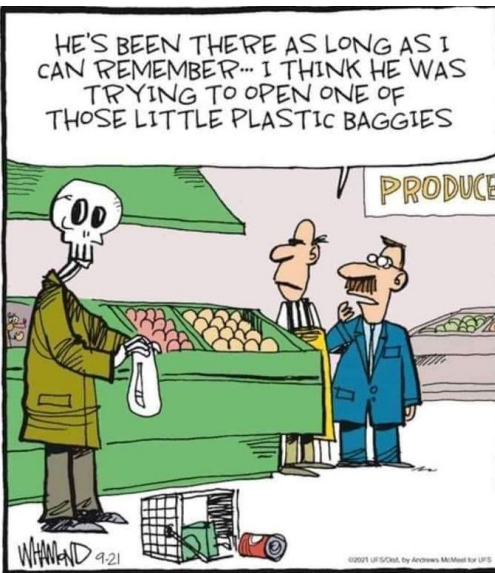
Property:	Theo Quick	Korean Members:	Gil Park
Treasurer:	Bev Lacey		Winni Yun
Secretary:	Jan Strudwick		
	Margaret Holmes	Rev Jan Rossow	

Thank you for the ongoing support for the Ministry, & Ministry of our Church. A reminder that direct deposit offering is available. Our Church Banking Details: UCA Maroochydore Uniting Church - St George Bank. BSB 334 040: Account No. 553864 511

Uniting Church Links - For Information from the Wider Church
Qld Synod Information - <https://ucaqld.com.au/>
For links and information to Synod Resources and Activities.
National Assembly News - <https://assembly.uca.org>.

Items and notifications for inclusion in the Herald are gratefully received.

Please send any notices for the 'Herald' to janstrudwickart@gmail.com by Wednesday afternoon



If you ever feel like your brain is inadequate... Think of this guy!



Lectionary Bible Readings

November 5	November 12	November 19
Joshua 3:7-17	Jos 24:1-3a, 14-25	Jgs 4:1-7
Ps 107:1-7, 33-37	Ps 78:1-7	Ps 123
1 Thes 2:9-13	1 Thes 4:13-18	1 Thes 5:1-11
Mt 23:1-12	Mt 25:1-13	Mt 25:14-30

Sunday 5th November Rev Jan Rossow (Communion)

Thursday 9th November Fellowship morning tea at Em Jay's

Sunday 12th November James McKenna

Sunday 19th November Rev Darren King

Please join us, in the hall for a tea or coffee, after church

Apologies that this week's Herald is going to cover the next 2 Sundays.

Due to a warranty issue Jan's computer needs to be sent for repair in

Sydney tomorrow, so the Herald needs to be sent tonight.

During our Uniting World service last Sunday our congregation was presented with a carved representation of a dove, which now resides on the offering table.

A friend loves at all times, and a brother is born for a difficult time. ([Prov. 17:17](#))

Do not forsake your friend and your father's friend, and do not go to your brother's house in the day of your calamity. Better is a neighbor who is near than a brother who is far away. ([Prov. 27:10](#))

As Christmas approaches, and memories revive, many of us can have dips in our feelings. If you are suffering from depression or another mental illness, know this: God cares deeply when you suffer. You are in pain; you may wonder where God is. He is right there with you, just as He always is, whether or not you can feel it.

Even if you are so depressed that you cannot put your prayers into coherent words, God understands. God hears the cries of your heart and is with you.

As Psalm 34:18 (NLT) says, "The LORD is close to the brokenhearted; He rescues those whose spirits are crushed."

Even if you are confident of God's care in the midst of your suffering, it can still be difficult to navigate Christian community. Sometimes you will have to overcome the stigma and misconceptions that surround depression as you seek support. God can give you the strength to seek the help you need.

No matter what others may tell you, it is not shameful or a sign of weak faith to go to therapy or take prescription medication for a mental illness.

Some people will never fully understand the truth about depression. Seek out people you feel safe with and who can support you without judgment. It is important to have people encourage you, walk beside you, pray for you, and remind you of the truth of God's love and faithfulness during this difficult season.

With the love and support from God and the people around you, you can get through this time.

If you're depressed, tell someone. Tell a doctor, friend, family member or counsellor. Please do not suffer alone.

www.cru.org/blog/life-and-relationships