By popular demand: Bev's Muffin Recipe

BUTTER AND CHEESE:

3 tbsp / 50g butter 2 garlic cloves, *crushed* 2 cups / 200g grated cheddar cheese

DRY INGREDIENTS

2 cups / 300g plain flour 1 1/2 tsp baking powder 1/2 tsp baking soda / bi-carb soda

WET INGREDIENTS

1 egg (large, about 60g / 2 oz)
1 cup milk (full or low fat)
1/4 cup / 60 g sour cream /
1/3 cup / 85 ml vegetable oil (not olive oil)
1/4 cup finely chopped fresh parsley
1 garlic clove , crushed

Instructions

1/2 tsp salt

- 1. Preheat oven to 180C/350F (standard) or 160C/320F (fan).
- 2. Place butter and garlic in a microwave proof bowl and melt in 30 second bursts. Mix.
- 3. Brush a 12 hole standard muffin tin generously with butter, being sure to slather with some garlic. Reserve some butter to brush tops.
- 4. Whisk Dry ingredients in a bowl.
- 5. Whisk Wet ingredients in a separate bowl.
- 6. Pour Wet into the Dry ingredients bowl. Mix 8 times. Add cheese, mix as few times as possible just to incorporate remaining bits of flour no more than 7 big stirs (secret to soft muffs).
- 7. Divide between 11 holes in muffin in (I use an ice cream scooper). Batter should be thick and fill muffin tin to top (if in ball shape due to scooper, leave as is).
- 8. Bake for 22 25 minutes or until the muffins are golden and crusty and spring back when touched in the centre.
- 9. Remove onto cooling rack, brush with remaining butter (microwave again if needed) and cool slightly before getting stuck into them!
 - **Q**. Why did the physics teacher break up with the biology teacher?
 - **A**. There was no chemistry.



UnitinginChrist actingwithlove livingwithhope witnessinginfaith workingforjustice Pentecost 18
1st October

We seek to be a prayerful and listening church

Leadership Team

property: Theo Quick Korean Members: Gil Park treasurer: Bev Lacev Winni Yun

secretary: Jan Strudwick

Margaret Holmes Rev Jan Rossow (chair)

Thank you for the ongoing support for the Ministry, & Ministry of our Church. A reminder that direct deposit offering is available. Our Church

Banking Details: UCA Maroochydore Uniting Church

- St George Bank. BSB 334 040: Account No. 553864 511

Uniting Church Links - For Information from the Wider Church

Qld Synod Information - https://ucaqld.com.au/

For links and information to Synod Resources and Activities.

National Assembly News - https://assembly.uca.org.

Items and notifications for inclusion in the Herald are gratefully received.

Please send any notices for the 'Herald' to janstrudwickart@gmail.com by Wednesday afternoon

Lectionary Bible Readings

October 1 Pentecost 18	October 8 Pentecost 19
Ex 17:1-7	Ex 20:1-4, 7-9, 12-20
Ps 78:1-4, 12-16	Ps 19
Phil 2:1-13	Phil 3:4b-14
Mt 21:23-32	Mt 21:33-46

<u>Sunday October 1st</u> 8:30 am Rev Jan Rossow (Communion)

<u>Sunday October 8th</u> 8:30 am John Mapstone

Monday Maverick Boot Scooters 9am-12

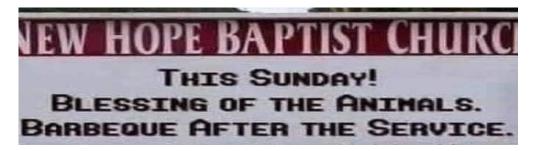
TuesdayLine dancing 9am-12WednesdayCotton Tree Choir 9am-12ThursdayMen's Health Group 7 pm-8:30

Friday Boot Scooters 9am-12
Saturday Feldenkrais 9:30am -10:30

Indoor Bowls

We're invited as a church to join together (in the lead up to the 37th Synod in Session) for 40 Days of Prayer, as we seek God to hear what the Spirit might say to us for the next season. Synod has prepared a <u>40 Days of Prayer</u> resource to guide us through this season, with written and video reflections, bible verses, points to be prayerful about, and a written prayer for each of the six weeks.

Please look up the following site to see this resource https://ucaqld.com.au/about-us/synod-meetings/40-days-of-prayer/

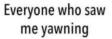


Birthday today: Marie Charles 1st October (it is a big one!)



Synod has advised that from June 2024 public hospital chaplaincy will cease. Please pray for all our chaplains in hospitals and shakhcare settings that a way will be found to continue to bring the Rewod news of Christ into our communities.

Me yawning







I'm sorry, but you can't *always* be experiencing a higher volume of calls than average.

That's not how averages work.



Just bought a really cute curtain for my new house!!! I will buy the house later though because I can't afford to buy two things the same time!