

By popular demand: Bev's Muffin Recipe

BUTTER AND CHEESE:

3 tbsp / 50g butter
2 garlic cloves, *crushed*
2 cups / 200g grated cheddar cheese

DRY INGREDIENTS

2 cups / 300g plain flour
1 1/2 tsp baking powder
1/2 tsp baking soda / bi-carb soda
1/2 tsp salt

WET INGREDIENTS

1 egg (large, about 60g / 2 oz)
1 cup milk (full or low fat)
1/4 cup / 60 g sour cream)
1/3 cup / 85 ml vegetable oil (*not olive oil*)
1/4 cup finely chopped fresh parsley
1 garlic clove, *crushed*

Instructions

1. Preheat oven to 180C/350F (standard) or 160C/320F (fan).
2. Place butter and garlic in a microwave proof bowl and melt in 30 second bursts. Mix.
3. Brush a 12 hole standard muffin tin generously with butter, being sure to slather with some garlic. Reserve some butter to brush tops.
4. Whisk Dry ingredients in a bowl.
5. Whisk Wet ingredients in a separate bowl.
6. Pour Wet into the Dry ingredients bowl. Mix 8 times. Add cheese, mix as few times as possible just to incorporate remaining bits of flour - no more than 7 big stirs (secret to soft muffins).
7. Divide between 11 holes in muffin in (I use an ice cream scooper). Batter should be thick and fill muffin tin to top (if in ball shape due to scooper, leave as is).
8. Bake for 22 - 25 minutes or until the muffins are golden and crusty and spring back when touched in the centre.
9. Remove onto cooling rack, brush with remaining butter (microwave again if needed) and cool slightly before getting stuck into them!

Q. Why did the physics teacher break up with the biology teacher?

A. There was no chemistry.



The Maroochydore Herald



Uniting in Christ
acting with love
living with hope
witnessing in faith
working for justice

Pentecost 18 1st October

We seek to be a prayerful and listening church

Leadership Team

property: Theo Quick

Korean Members: Gil Park

treasurer: Bev Lacey

Winni Yun

secretary: Jan Strudwick

Margaret Holmes

Rev Jan Rossow (chair)

Thank you for the ongoing support for the Ministry, & Ministry of our Church. A reminder that direct deposit offering is available. Our Church Banking Details: UCA Maroochydore Uniting Church - St George Bank. BSB 334 040: Account No. 553864 511

Uniting Church Links - For Information from the Wider Church
Qld Synod Information - <https://ucaqld.com.au/>
For links and information to Synod Resources and Activities.
National Assembly News - <https://assembly.uca.org>.

Items and notifications for inclusion in the Herald are gratefully received.

Please send any notices for the 'Herald' to janstrudwickart@gmail.com by Wednesday afternoon

Lectionary Bible Readings

<p>October 1 Pentecost 18 Ex 17:1-7 Ps 78:1-4, 12-16 Phil 2:1-13 Mt 21:23-32</p>	<p>October 8 Pentecost 19 Ex 20:1-4, 7-9, 12-20 Ps 19 Phil 3:4b-14 Mt 21:33-46</p>
---	--

Sunday October 1st
Sunday October 8th

8:30 am Rev Jan Rossow (Communion)
 8:30 am John Mapstone

Monday
Tuesday
Wednesday
Thursday
Friday
Saturday

Maverick Boot Scooters 9am-12
 Line dancing 9am-12
 Cotton Tree Choir 9am-12
 Men's Health Group 7 pm-8:30
 Boot Scooters 9am-12
 Feldenkrais 9:30am -10:30
 Indoor Bowls

We're invited as a church to join together (in the lead up to the 37th Synod in Session) for 40 Days of Prayer, as we seek God to hear what the Spirit might say to us for the next season. Synod has prepared a 40 Days of Prayer resource to guide us through this season, with written and video reflections, bible verses, points to be prayerful about, and a written prayer for each of the six weeks.

Please look up the following site to see this resource
<https://ucaql.com.au/about-us/synod-meetings/40-days-of-prayer/>



Birthday today:
 Marie Charles 1st October
 (it is a big one!)



Synod has advised that from June 2024 public hospital chaplaincy will cease. Please pray for all our chaplains in hospitals and health care settings that a way will be found to continue to bring the good news of Christ into our communities.

R
E
B
J

Me yawning



Everyone who saw me yawning



I'm sorry, but you can't *always* be experiencing a higher volume of calls than average.

That's not how averages work.



Just bought a really cute curtain for my new house!!! I will buy the house later though because I can't afford to buy two things the same time!