







I was born female, I identify as female, but according to Sainsbury's Deluxe Sticky Toffee Pudding, I am actually a family of four

me working out from home





UnitinginChrist actingwithlove livingwithhope witnessinginfaith workingforjustice

Pentecost 16 17th September

We seek to be a prayerful and listening church

Leadership Team

Theo Quick Korean Members: Gil Park property: Winni Yun

treasurer: **Bev Lacev**

Jan Strudwick secretary:

> **Margaret Holmes** Rev Jan Rossow (chair)

Thank you for the ongoing support for the Ministry, & Ministry of our Church. A reminder that direct deposit offering is available. Our Church

UCA Maroochydore Uniting Church Banking Details:

- St George Bank. BSB 334 040: Account No. 553864 511

Uniting Church Links - For Information from the Wider Church Qld Synod Information - https://ucaqld.com.au/ For links and information to Synod Resources and Activities.

National Assembly News - https://assembly.uca.org.

Items and notifications for inclusion in the Herald are gratefully received.

Please send any notices for the 'Herald' to janstrudwickart@gmail.com by Wednesday afternoon

Lectionary Bible Readings

September 17 Pentecost 16	September 24 Pentecost 17
Ex 14:19-31	Ex 16:2-15
Ps 114 or Ex 15: 1b-11, 20-21	Ps 105:1-6, 37-45
Rom 14:1-12	Phil 1:21-30
Mt 18:21-35	Mt 20:1-16

Sunday September 17th **Sunday September 24**th
8:30am James McKenna
8:30am Rev Bruce Johnson

Monday Maverick Boot Scooters 9am-12

<u>Tuesday</u> Line dancing 9am-12

Wednesday Cotton Tree Choir 9am-12

<u>Thursday</u> Men's Health Group 7 pm-8:30

Friday Boot Scooters 9am-12

Saturday Feldenkrais 9:30am -10:30

Indoor Bowls

We're invited as a church to join together (in the lead up to the 37th Synod in Session) for 40 Days of Prayer, as we seek God to hear what the Spirit might say to us for the next season. Synod has prepared a <u>40 Days of Prayer</u> resource to guide us through this season, with written and video reflections, bible verses, points to be prayerful about, and a written prayer for each of the six weeks.

Please look up the following site to see this resource https://ucaqld.com.au/about-us/synod-meetings/40-days-of-prayer/

Our sincere sympathy is extended to family and friends of Frank Knight who passed away on Thursday 7th. He was 93, and he and Cynthia were married for 72 years. There will be a private celebration of his life.

The Truth About Who You Really Are

There are a lot of voices that try to influence how we think about ourselves—the way we look, our talents, our potential, and even our identity. But those voices can be misleading.

The opinions of the world, the lies of the enemy, and even our own feelings don't define us. The Bible teaches that our true worth and value are found in Christ.

It doesn't matter what people think or say, or how many mistakes we make; we are valuable because God loves and accepts us completely. But if we're going to walk with God, we need to be in Ragreement with Him, learning to think as He thinks.

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J The Right Way to Think About Yourself.

The apostle Paul warned us not to think too highly of ourselves (see <u>Romans 12:3</u>), but he didn't say we are to think "lowly" of ourselves. Think like this...

I like who God made me. He loves me, and I am special to Him. I have gifts and abilities that He has given me, and I am thankful for them. I also have weaknesses, but I trust God to show His strength in these areas. I have been made right with God through Jesus Christ. I can do nothing without Him, but I can do all things through Him. (See Psalm 139:14; Romans 8:39,12:6; Jeremiah 1:5; 2 Corinthians 5:21,12:9; Philippians 4:13.)

Don't compare yourself with other people, thinking you need to be like them, or spend too much time thinking about your faults. Begin meditating on what God thinks about you and you'll be a much happier person!

We may not love everything we do, because we all sin and make mistakes. But we can love the person God has created us to be, the one we are always in the process of becoming through Christ.

Adapted from Joyce Myers" resource THE MIND CONNECTION