

# 50 THINGS TO THROW AWAY

## for instant decluttering

- |                           |                               |
|---------------------------|-------------------------------|
| Old magazines             | Old hats and gloves           |
| Old couch pillows         | Worn out shoes                |
| Movies you don't watch    | Worn out blankets             |
| Movies that are scratched | Old pillows                   |
| Burnt out candles         | Expired food                  |
| Extra cords               | Take out menus                |
| Games with missing pieces | Restaurant sauce packets      |
| Old books                 | Old coupons                   |
| Broken makeup             | Old cleaning supplies         |
| Old makeup                | Cups with missing pieces      |
| Old nail polish           | Anything you have too much of |
| Old perfume               | Excess tupperware             |
| Old toothbrushes          | Rags with holes               |
| Half empty bottles        | Expired medication            |
| Towels with holes         | Old mail                      |
| Anything you haven't used | Old manuals                   |
| in the last 3 months      | Old receipts                  |
| Socks without a match     | Old paperwork                 |
| Socks with holes          | Birthday cards                |
| Underwear with holes      | Broken toys                   |
| Clothes you haven't worn  | Happy meal toys               |
| in at least 6 months      | Anything with missing pieces  |
| Clothes that don't fit    | Things they never play with   |
| Earrings without a match  | Duplicates                    |
| Old ties                  | Puzzles with missing pieces   |
| Old belts                 |                               |
| Old purses                |                               |



# The Maroochydore Herald

## Maroochydore Uniting Church



Uniting in Christ  
acting with love  
living with hope  
witnessing in faith  
working for justice



30<sup>th</sup> January 2022  
Fourth Sunday after Epiphany

*We seek to be a prayerful and listening church*  
*Please note the location of the Hearing Loop in the church*

### Leadership Team

Chairperson:	Winni Yun	Property:	Theo Quick
Treasurer:	Bev Lacey	Korean Members:	Gil Park
	Heather Webster	Secretary:	Candice Lee
Secretary:	Jan Strudwick	Translator:	Mungji Kim
	Margaret Holmes	and Jan Rossow	

### Worship Services

English Language Sundays, 8.30am  
Korean Language Sundays, 11am

Korean Leader: Ps. Gil Park

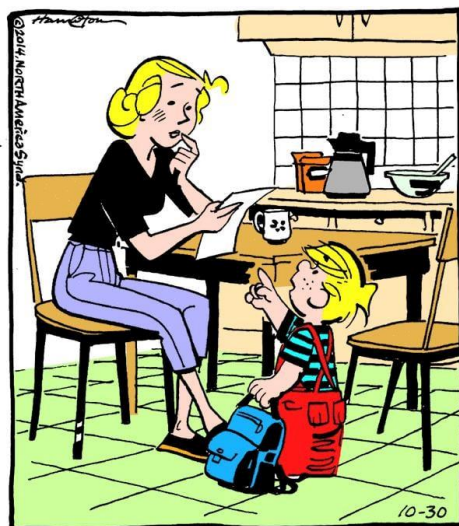
M: 0413 836 557



Thank you for the ongoing support for the Ministry, & Ministry of our Church. A reminder that direct deposit offering is available. Our Church Banking Details: UCA Maroochydore Uniting Church - St George Bank. BSB 334 040: Account No. 553864 511

Uniting Church Links - For Information from the Wider Church  
Qld Synod Information - <https://ucaqld.com.au/>  
For links an information to Synod Resources and Activities.  
National Assembly News - <https://assembly.uca.org>.

Please send any notices for next week's 'Herald' to [janstrudwickart@gmail.com](mailto:janstrudwickart@gmail.com) by Wednesday afternoon



"DON'T WORRY ABOUT WHAT THE TEACHER SAYS. SHE'S BEEN IN KINDERGARTEN FOR 15 YEARS."

## Bible Readings

### **January 30, 2022**

Jeremiah 1:4-10  
Psalm 71:1-6 - 1  
Corinthians 13:1-13  
Luke 4:21-30

### **February 6, 2022**

Isaiah 6:1-8, (9-13)  
Psalm 138  
1 Corinthians 15:1-11  
Luke 5:1-11

## This week

### Saturday 29<sup>th</sup>

Church Council Meeting

### Sunday 30<sup>th</sup> Jan

8:30 am Rev Bruce Johnson  
11.00 am—Korean Service – Pastor Gil Park

### Tues, Wed, Thurs

Korean Prayer meeting 6-7 am

### Saturday 5<sup>th</sup> Feb

Lawn bowls with Wilf and Mavis

### Sunday 6<sup>th</sup> February

8:30 am Rev Phil Smith (Communion)

### Thursday 10<sup>th</sup> Feb

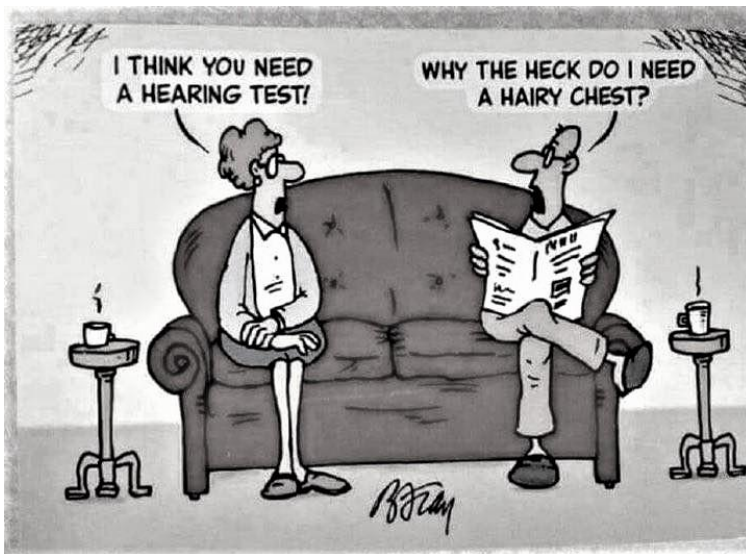
Fellowship morning tea 10am Contiki Building

## Birthday this week:

Shirley Cope (26<sup>th</sup>)

## Our Prayers

For Sandra Quick, Cynthia Knight, Trish's son, Jessie's grand-daughter,  
For our protection against COVID influence  
For a year of spiritual growth



## **Prayer** from the General Secretary Rev Heather den Houting

Loving God,

At this time of challenge and concern, we thank you for the gifts of kindness and compassion. We see the compassion in those whose life is dedicated for the care and welfare of others, and we are so thankful that we are part of the church whose role it is to support the healthy and transforming power of your love in this way.

At the start of this year, let us remind ourselves to have compassion for ourselves, so that we may rest in the gentleness and wisdom of your spirit.

May we be open to the refreshing breath of your spirit, the openness of your liberating love for ourselves and others, and the restoration of the whole of creation in your name.

Loving God, let us not be afraid of what tomorrow brings. Ease our troubled minds, soothe our ragged souls, allow gentleness to pervade our spirits, let us ask for help when we need it.

For it is in humility and obedience to you we will find our way.

In the name of Christ. Amen.